Adverb Idiomatic Phrases

- 1. With bated breath
 - Meaning: In anxious anticipation or suspense.
 - Example: The audience waited with bated breath for the final reveal.
- 2. By and large
 - Meaning: Generally, or mostly.
 - Example: By and large, the conference was a success.
- 3. Come what may
 - Meaning: Regardless of what happens.
 - Example: We'll face the challenges, come what may.
- 4. Through thick and thin
 - Meaning: In good times and bad times.
 - Example: Their friendship endured through thick and thin.
- 5. In the nick of time
 - Meaning: Just in time, at the last possible moment.

- Example: He arrived in the nick of time to catch his flight.
- 6. For better or worse
 - Meaning: Regardless of whether it's good or bad.
 - Example: They promised to be together for better or worse.
- 7. In cold blood
 - Meaning: Without emotion or premeditation.
 - Example: The crime was committed in cold blood.
- 8. Bite the bullet
 - Meaning: To face a difficult situation with courage.
 - Example: He had to bite the bullet and tell the truth.
- 9. Under the weather
 - Meaning: Feeling ill or unwell.
 - Example: She's staying home today because she's under the weather.
- 10.Fit as a fiddle
 - Meaning: In excellent health or condition.
 - Example: Despite his age, he's as fit as a fiddle.

11.In the long run

- Meaning: Over an extended period of time.
- Example: Saving money will benefit you in the long run.

12.In the dark

- Meaning: Uninformed or unaware.
- Example: He was kept in the dark about the surprise party.

13.Like a bat out of hell

- Meaning: Extremely quickly or recklessly.
- Example: She drove like a bat out of hell to make it on time.

14.In a nutshell

- Meaning: Summarized in a concise way.
- Example: To explain, in a nutshell, it's all about teamwork.

15.For a rainy day

- Meaning: To save something for a future need.
- Example: They put money aside for a rainy day.

16.Once in a blue moon

- Meaning: Very rarely.
- Example: She visits her hometown only once in a blue moon.

17. Over the moon

- Meaning: Extremely happy or delighted.
- Example: Winning the competition made him over the moon.

18.Out of the blue

- Meaning: Unexpectedly and without warning.
- Example: His promotion came out of the blue.

19.In the same boat

- Meaning: In the same difficult situation.
- Example: We're all in the same boat, so we should help each other.

20.By the book

- Meaning: Following the rules and regulations strictly.
- Example: He always does things by the book.
- 21.In seventh heaven
 - Meaning: In a state of extreme happiness or bliss.
 - Example: She felt like she was in seventh heaven on her wedding day.

22.On the same page

- Meaning: In agreement or understanding.
- Example: We need to be on the same page to work effectively.

23.Behind the times

- Meaning: Outdated or old-fashioned.
- Example: Their technology is behind the times.

24.With flying colors

• Meaning: With great success or achievement.

• Example: She passed the exam with flying colors.

25.Against all odds

- Meaning: Despite very unfavorable circumstances.
- Example: He succeeded against all odds in his journey.

26.In the same boat

- Meaning: In the same difficult situation.
- Example: We're all in the same boat, facing financial challenges.

27.In seventh heaven

- Meaning: In a state of extreme happiness or bliss.
- Examp<mark>le: Winning</mark> the lottery left her in seventh heaven.

28.On cloud nine

- Meaning: Feeling euphoric or extremely happy.
- Example: After the engagement, they were on cloud nine.

29.In a pickle

- Meaning: In a difficult or tricky situation.
- Example: He found himself in a pickle when his car broke down.

30.In the blink of an eye

- Meaning: Extremely quickly, almost instantly.
- Example: The magician made the rabbit disappear in the blink of an eye.

31. With a grain of salt

- Meaning: With skepticism or doubt.
- Example: He listened to the gossip with a grain of salt, not believing it all.

32.In hot water

- Meaning: In trouble or facing consequences.
- Example: He's in hot water for missing an important meeting.

33.By and large

- Meaning: Generally or mostly.
- Example: By and large, people prefer sunny weather.

34.In the nick of time

- Meaning: Just in time, at the last possible moment.
- Example: The hero arrived in the nick of time to save the day.

35.Over the moon

- Meaning: Extremely happy or delighted.
- Example: She was over the moon when she got accepted into her dream college.

36.For a song

• Meaning: At a very low price or for a bargain.

• Example: She bought the antique vase for a song at the garage sale.

37.With flying colors

- Meaning: With great success or achievement.
- Example: She passed the challenging exam with flying colors.

38.By the book

- Meaning: According to established rules and procedures.
- Example: He always does things by the book to avoid mistakes.

39.In the doghouse

- Meaning: In trouble or disfavored by someone.
- Example: After forgetting their anniversary, he found himself in the doghouse with his wife.

40.With all due respect

- Meaning: To preface a polite disagreement or criticism.
- Example: With all due respect, I have a different opinion on this matter.

41.To the best of one's knowledge

- Meaning: To the best of what one knows or believes.
- Example: To the best of my knowledge, the meeting is still scheduled for tomorrow.

42. With one's heart in one's mouth

- Meaning: Anxiously or nervously.
- Example: As she stepped onto the stage, she sang with her heart in her mouth.

43.In the driver's seat

- Meaning: In control or having the power to make decisions.
- Example: With the promotion, he was finally in the driver's seat of his career.

44.In the same breath

- Meaning: In the same conversation or sentence.
- Example: She praised his achievements and criticized him in the same breath.

45.In hot pursuit

- Meaning: Chasing or following closely.
- Example: The police were in hot pursuit of the suspect.

46.In deep water

- Meaning: In a challenging or difficult situation.
- Example: She was in deep water when she took on that complex project.

47.Out of the blue

- Meaning: Unexpectedly and without warning.
- Example: His resignation came out of the blue; no one saw it coming.

48.With bells and whistles

- Meaning: Including extra features or enhancements.
- Example: The new computer comes with all the bells and whistles.

49.In full swing

- Meaning: At the peak or most active phase.
- Example: The holiday season is in full swing with decorations everywhere.

50.On thin ice

- Meaning: In a risky or unstable situation.
- Examp<mark>le: A</mark>fter the mistake, his job security was on thin ice.

51.In the eleventh hour

- Meaning: At the last possible moment.
- Example: They completed the project in the eleventh hour.

52.Over the top

- Meaning: Excessive or extravagant.
- Example: Her decorations for the party were way over the top.

53.Without a doubt

- Meaning: Certainly or unquestionably.
- Example: He is, without a doubt, the best candidate for the job.

54.In a jiffy

55.Meaning: Very quickly or immediately.

56.Example: I'll be back in a jiffy; don't go anywhere.

57.To the letter

- Meaning: Precisely and exactly as instructed.
- Example: She followed the recipe to the letter.

58.In high spirits

- Meaning: Feeling very cheerful and positive.
- Example: After the big win, they were all in high spirits.

59.By a hair's breadth

- Meaning: Very narrowly or barely.
- Example: He won the race by a hair's breadth.

60.In the red

- Meaning: Operating at a financial loss.
- Example: The company has been in the red for months.

61.With open arms

- Meaning: Warmly and enthusiastically welcoming.
- Example: They greeted their guests with open arms.

62.In the blink of an eye

- Meaning: Extremely quickly, almost instantly.
- Example: The thief disappeared in the blink of an eye.

63.Through the roof

- Meaning: To increase significantly or reach a high level.
- Example: The price of housing has gone through the roof.

64.In the same breat

- Meaning: In the same conversation or sentence.
- Example: He praised her achievements and criticized her in the same breath.

65.Beyond the shadow of a doubt

- Meaning: Absolutely certain or without any doubt.
- Example: His guilt was proven beyond the shadow of a doubt.

66.Like a fish out of water

- Meaning: Uncomfortable or awkward in a particular situation.
- Example: At the fancy gala, he felt like a fish out of water.

67.Out of the frying pan into the fire

- Meaning: Moving from a bad situation to a worse one.
- Example: Quitting that job was like jumping out of the frying pan into the fire. 68.In full swing
- Meaning: At the peak or most active phase.
- Example: The party was in full swing when we arrived.

69.Against the clock

- Meaning: Ra<mark>cing</mark> against time or a deadline.
- Example: They worked tirelessly against the clock to finish the project.

70.With bells on

- Meaning: Eagerly and with enthusiasm.
- Example: She agreed to attend the event with bells on.

71.In the dark about

- Meaning: Uninformed or unaware of something.
- Example: He's in the dark about the surprise party.

72.In fits and starts

- Meaning: Progressing irregularly or intermittently.
- Example: The project moved forward in fits and starts.

73.By a long shot

• Meaning: By a considerable margin or very unlikely.

• Example: He wasn't the best player on the team by a long shot.

74.In one fell swoop

- Meaning: All at once or in a single action.
- Example: The new policy changed everything in one fell swoop.

75.Under the radar

- Meaning: Unnoticed or without attracting attention.
- Example: They operated their business under the radar for years.

76.To the hilt

- Meaning: Completely or to the maximum extent.
- Example: She was dedicated to her job to the hilt.

77.With all one's might

- Meaning: With all one's strength or effort.
- Example: He pushed the car with all his might to get it unstuck.

78.With a heavy heart

- Meaning: With sadness or reluctance.
- Example: She announced her resignation with a heavy heart.

79.In the lap of luxury

- Meaning: In a state of great comfort and opulence.
- Example: The villa they rented for the vacation was in the lap of luxury.
 80.In good faith
- Meaning: With sincere intentions and honesty.
- Example: We entered into the contract in good faith, trusting each other.
- 81.To the nth degree
- Meaning: To the greatest extent or degree.
- Example: She polished her presentation to the nth degree.

82.In the same league

- Meaning: Of a similar standard or category.
- Example: The two athletes are in the same league when it comes to performance.

83.With one's hands tied

- Meaning: Unable to act or make decisions due to constraints.
- Example: She couldn't help her friend with her hands tied by work commitments.

84.For keeps

- Meaning: Permanently or without the intention of returning.
- Example: He gave her his childhood toy for keeps.

85.In the clear

- Meaning: No longer in trouble or with problems resolved.
- Example: After the investigation, he was in the clear of any wrongdoing.

86.With a grain of truth

- Meaning: Containing some element of truth.
- Example: His story had a grain of truth, but it was mostly fictional.

87.In a tight spot

- Meaning: In a difficult or challenging situation.
- Example: She found herself in a tight spot when her car broke down in the middle of nowhere.

88.Under the table

- Meaning: Illegally or secretly.
- Example: Some deals are done under the table to avoid taxes.

89.For the time being

- Meaning: Temporarily or for the present.
- Example: You can use my laptop for the time being until yours is fixed.

90.In full force

- Meaning: At full strength or with great intensity.
- Example: The storm hit the coast in full force, causing widespread damage.

91.In the dog days

- Meaning: During a period of extreme heat or discomfort.
- Example: We spent the afternoon in the shade during the dog days of summer.

92.In the thick of it

- Meaning: Deeply involved or engaged in a situation.
- Example: He was in the thick of the negotiations until a resolution was reached.

93.With flying banners

- Meaning: With great enthusiasm and success.
- Example: The charity event ended with flying banners, raising more funds than expected.

94.In the cards

- Meaning: Likely to happen or be expected.
- Example: Winning the competition was in the cards for the talented athlete.
 95.In clover
- Meaning: In a state of prosperity or success.
- Example: After years of hard work, they were finally in clover.

96. With one's back against the wall

- Meaning: In a difficult or desperate situation with limited options.
- Example: He had his back against the wall and had to make a tough decision.

97.In broad daylight

- Meaning: During the daytime and in plain view.
- Example: The theft occurred in broad daylight, and people witnessed it.

98.On the brink

- Meaning: On the edge of a significant event or change.
- Example: The company was on the brink of bankruptcy before the new CEO took charge.

99.In the driver's seat

- Meaning: In control or having the power to make decisions.
- Example: She felt in the driver's seat of her career after completing her education.

100. With bated breath

- Meaning: In anxious anticipation or suspense.
- Example: The audience watched the final moments of the game with bated breath.

101. In the know

- Meaning: Having access to inside information or being knowledgeable.
- Example: Only a few people are in the know about the upcoming product launch.
- 102. For the record
- Meaning: To clarify or emphasize something.
- Example: She stated, for the record, that she had no involvement in the scandal.

